

Out of Hours

Milan

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Milan is the host city for Scientific Update's Process Analytical Technology (PAT) in Organic Process R&D conference this month, and the APIs Europe meeting organised by CPA also takes place this month, at nearby Lake Como. We review some of the city's excellent dining, entertainment and architectural attractions.

Where to eat

TRATTORIA 13 GIUGNO

Via Goldoni, 44
Milan 20129
Neighbourhood: Stazione Centrale
Tel: +39 02 719654
Open: Mon-Sat 12 noon - 2pm,
7pm-11pm (closed Sundays)
Cuisine: Sicilian

It's probably a little unexpected to find a description of a restaurant offering Sicilian cuisine in a review of Milan, but this is a very popular venue with the Milanese. Recommended dishes include Pasta alla Norma, tuna with potatoes and grilled swordfish. One of the best dishes is sardines with beccafico. Don't miss out on the desserts either!

PAPER MOON

Via Bagutta, 1
Milan 20121
Neighbourhood: Downtown
Tel: +39 02 76022297
Open: Mon-Sat 7pm-12.30am (closed Sundays)
Cuisine: Pizza/Fast food

Fast food establishments don't normally feature in Out of Hours but this well-known restaurant in the city centre offers a great selection of pizzas as well as really good-quality Italian-style fast food, so it's recommended that you try it out.

AL MERCANTE

Piazza dei Mercanti, 17
Milan 20123
Neighbourhood: Downtown
Tel: +39 02 8052198
Cuisine type: Italian
Located in the heart of the old town, Al Mercante is a very good and very popular restaurant. It has a simple, elegant style and the garden gives a beautiful view over the square behind the Duomo. The cuisine is traditional Italian food such as cold meat starters, pasta first courses, and meat or fish dishes as second courses. Desserts are home-made and there is an extensive wine list.

Where to drink

JULEP'S NEW YORK

Via Torricelli, 21
Milan
Tel: +39 02 89409029
Open: 12 noon - 3pm and 7pm-2am daily

This restaurant/bar is very popular with the locals, but its American style makes it attractive to international visitors too. It's housed in an old warehouse and has a great atmosphere, with jazz music in the background. The menu is essentially Tex-Mex, and the bar offers 150 cocktails, 65 different whiskies, 30 kinds of tequila and 30 different rums!

LOOLAPALOOSA

Corso Como, 15
Milan 20154
Neighbourhood: Isola
Tel: +39 02 6555693
Open: Mon-Sat 7pm-4am (closed Sundays)

This is a very busy place and it can take a little time to get in, but it's well worth it. Just dance away on the tabletops and enjoy the continuous light show till the early hours. Loolapaloosa actually classes itself as an Irish-style pub. It's the strangest example of an Irish pub I've ever visited, but it's great fun!

Where to shop

BUSCEMI

Corso Magenta, 31
Milan 20123
Neighbourhood: Magenta
Tel: +39 02 804103
Open: Mon 3pm-7.30pm; Tues-Sat 9am-1.30pm and 3pm-7.30pm
Buscemi consists of two adjacent shops under the same ownership, but offering different types of music. One features pop, rock and jazz, while its next-door neighbour, Buscemi classica, is where to go to pick up rare recordings. Between the two of them these shops can satisfy everyone's taste.

CENTRO COMMERCIALE METROPOLI

Via Amoretti, 1
Milan 20157
Tel: +39 02 39005000
Open: Mon 2pm-9pm; Tues-Thurs and Sat 9am-9pm; Fri 9am-10pm
This gigantic shopping centre cannot fail to meet your needs, as it has plenty of shops and services, including butchers, book shops, cake shops, a photography lab, shoe repairs, a laundry, a bank, a post office, chemist shops, tobacconists and travel agents, plus lots more. There is also a good selection of self-service restaurants to choose from, including rotisseries and ice-cream parlours.

Where to visit

DUOMO

Piazza Duomo
Milan 20123
Neighbourhood: Downtown
Tel: +39 02 89404129
Open: 6.45am-7pm daily
The cathedral is Milan's most famous architectural feature. The world's third-biggest church is 108 metres high and 158 metres long. It features a range of architectural styles, as its doorways are from the 17th century, the central balcony is late 18th century and the three main upper windows are early 19th-century pieces. The interior is enormous and awe-inspiring, with impressive pillars, vaults and arches, superb stained-glass windows and beautiful statues.

TEATRO ALLA SCALA

Piazza della Scala
Milan 20121
Neighbourhood: Downtown
Tel: +39 02 88791
The La Scala Theatre is one of opera's great venues. Built in the late 18th century as a replacement for the Teatro Ducale, which was destroyed by fire, it is home to the La Scala di Milano opera company, and is one of the city's most prominent and lively cultural venues. Even if opera isn't your particular preferred music, you will still find it well worth the visit because of its historical, architectural and cultural significance.

PALAZZO BORROMEO D'ADDA

Via Manzoni, 39
Milan 20121
Neighbourhood: Downtown
The façade of this beautiful palace was designed by Gerolamo Arganini for the Marquis Febo d'Adda in the 1820s and was later extended during the course of the completion of construction in the late 19th century. The building features interesting architectural styles, and its layout is planned around three interior courtyards.

GIARDINI DI VILLA REALE

Via Palestro
Milan 20121
Neighbourhood: Downtown
These beautiful gardens, extending over 20,000 square metres, were designed over 200 years ago, accompanying neo-classical villa and lake in the early 1790s by the architect Leopoldo Pollack for Count Barbiano di Belgioso. In the summer they host classical music concerts and theatrical operas. Admission is free.





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